

MAPLE MAG

In my Kitchen

HEALTH CORNER •

5 Food That Naturally
Whiten Your Teeth

Hot Chocolate Puddings •

Traditional Arabian •
Rice & Chicken

Brain Teasers •

Whatsapp; Connecting People •

A glimpse of
COOKING LOVERS
in MAPLE LEAF





Edition

Developed by:
TEAM HR



In my Kitchen

IN MY KITCHEN

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It starts with Picking
the right ingredients!!!

Katrina Pascal



In my Kitchen

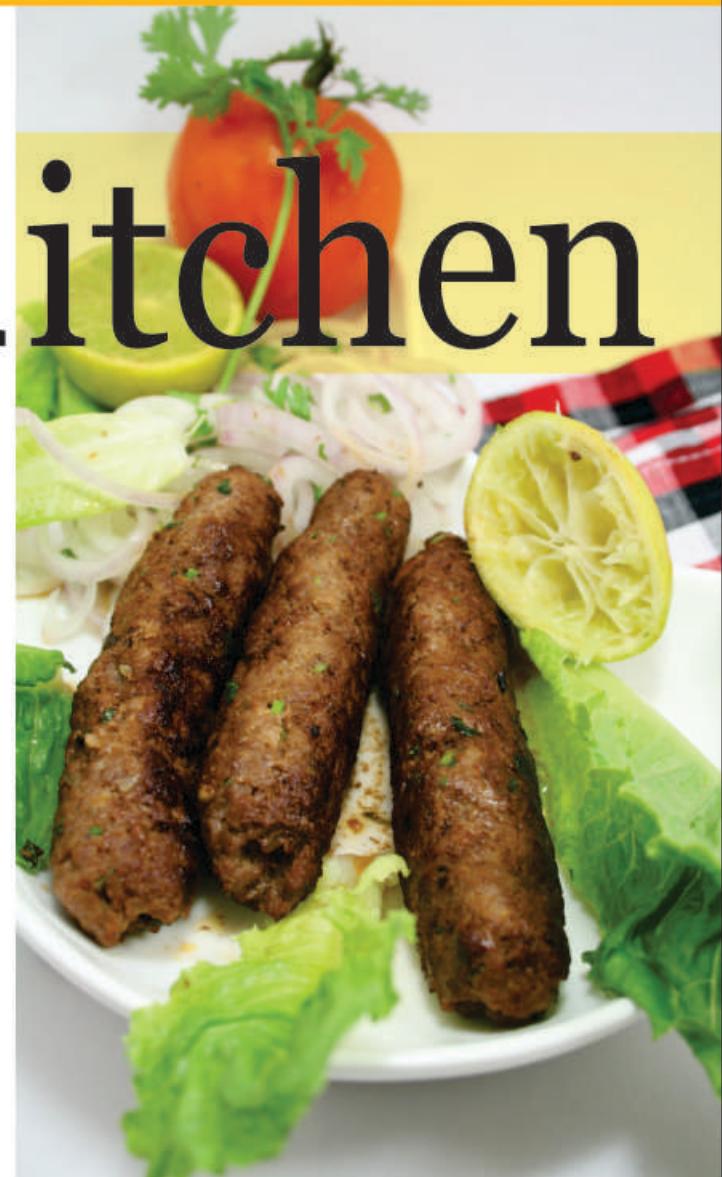
Cooking is a skill that lasts a lifetime, and it empowers people to make more nutritious food choices at home or away. Cooking at home is definitely time consuming, and to many, it's a chore. However, there's inherent value in cooking for yourself and your loved ones. Not only is it healthier than eating out, it's a tangible way to express your love towards your family and spend time with them together.

On top of the value it provides for your loved ones, cooking at home also saves your money and time which also keeps you away from traditional market spicy food.

At Maple Leaf, we have some cooking lovers who love to spend time with their families in their kitchen, bringing more fun and spice in their everyday life. And to share this fun with them along with a little gossip, Maple team visited them to get a memorable sneak peek of their hidden talent.



A Place Where
Memories Are
Homemade And
Seasoned With Love



Zeeshan Malik Bhutta (DGM Finance) who loves baking at home in spare time especially desserts and some of his specialities, he made for us were Pizza and Chocolate Molten Lava.

CHIT CHAT WITH ZEESHAN

What tempts you to go in the Kitchen & how often?

Mainly it depends on my mood as and when I feel like. Also the fact that when you make something nice and people really enjoy it, gives me a great deal of satisfaction.

How would you describe your cooking style?

I mainly bake things as cooking is not my strong area. Whatever I like and feel like making I try it without much regard to the cuisine.

What is your signature dish?

Chocolate Molten Lava.

What is your favorite meal?

Medium / Well done Beef Steak.

Do you help your wife while working in the Kitchen?

If yes, what kind of?

Most of the cooking in my house is done during the day time when I am in office, so I am unable to be a part of it. But during off days, I help around with little bit like mixing, frying and marinating etc.

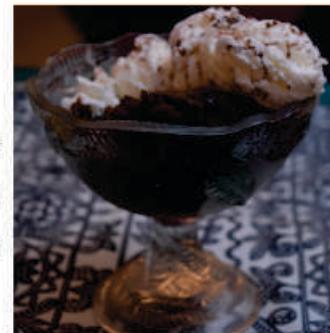


ZEESHAN MALIK BHUTTA
RECIPE BY (DGM FINANCE)

Chocolate MOLTEN LAVA

INGREDIENTS:

Butter	185g Unsalted, Softened
Sugar	160g Raw Caster
Eggs	2
Flour	230g Plain
Baking Powder	3 Teaspoons
Bicarbonate Soda	1/2 Teaspoon
Salt	1/2 Teaspoon
Dutch Cocoa Powder	60g
Thickened Cream	85ml
Water	85ml
Cooking Chocolate	Bitter or sweet depending on taste



DIRECTIONS:

- 1- Preheat oven to 180C.
- 2- Using an electric mixer fitted with a whisk, mix butter and sugar until thick and pale. Add one egg at a time, mixing until combined.
- 3- Meanwhile, combine flour, baking powder, bicarbonate soda, salt and cocoa in a bowl. Slowly add dry mixture to electric mixer, mixing until combined. Gradually mix in cream and water to combine.
- 4- Fill each mold to two thirds full, smoothing over surface. Gently push cooking chocolate into each mixture, taking care not to push too far to the bottom. Divide remaining mixture among molds, ensuring cooking chocolate is completely covered. The bigger the cooking chocolate, the larger the molten portion.
- 5- Bake in oven for 20 minutes or until cooked through, and chocolate is runny when tested with a skewer. Remove from oven and allow to cool slightly.

Fried Fish

Another person we found out with great culinary skills is **Amir Qadir (Regional Manager Faisalabad)** who made yummy Fried Fish for us.

CHIT CHAT WITH AAMIR

What tempts you to go in the Kitchen & how often?

I love cooking during winter season, once or twice in a week.

How would you describe your style of cooking?

I try to make things in the simplest way

What is your signature dish?

Fish, chips and prawns.

What is your favorite meal?

Aaloo Keema

Do you help your wife while working in the Kitchen?

If yes, what kind of help?

Yes, I often help my wife in the kitchen, especially in winters. Making food and keeping our kitchen neat & clean.



AMIR QADIR
RECIPE BY (REGIONAL MANAGER FAISALABAD)



Did you ever cook something special for your wife?

Yes, many times specially on her birthday. Pizza, Aaloo keema etc.

Have you ever been asked to cook in personal gatherings? Does it annoy you or you enjoy it?

Yes, many times and I love to cook in personal gatherings.

INGREDIENTS:

Rahu Fish	2 Kg
Red Chilli	2 Teaspoon
Salt	As per taste
Lemon Juice	2 Teaspoon
Egg	2 only
Garam Masala	Teaspoon
Garlic Paste	2 Teaspoon
Cumin	2 Teaspoon

DIRECTIONS:

1. Clean the fish, mix up all the above ingredients and marinate the fish overnight.
2. Take a non-stick pan, put 2 teaspoon of olive oil and lightly fry the fish cooked.
3. Take the fish out, place it in a pyrex try and garnish with lemon and ginger. Serve with rice or roti as desired.

Mr. Muhammad Hamid (Manager RCM) loves to cook in his spare time. HR team visited his home to try out his cooking where he made vegetable fiesta.

CHIT CHAT WITH HAMID

What fascinates you to go in the Kitchen & how often?

It is my favorite hobby and I normally cook on every weekend / holiday

How would you describe your style of cooking?

Semi professional

What is your signature dish?

White Chicken Karahi

What is your favorite meal?

Grilled fish

Do you help your wife in the kitchen? If yes, what do you do?

I occasionally help her and usually cutting

Did you ever cook something special for your wife?

My signature dish (white chicken Karahi)

Are you asked to cook in personal gatherings? Does it annoy you or you enjoy it?

I fully enjoy it.



MOHAMMAD HAMID
RECIPE BY (MANAGER RCM)

Vegetable FIESTA

INGREDIENTS:

Potato	150 g
Peas	100 g
Carrot	150 g
Cabbage	150 g
Capsicum	100 g
Tomato	2-3
Oil	1 cup
Onion	3 (medium size)
Green Chili	4-5
Salt	As per taste
Black Pepper	3 tea spoon
Vinegar	5 tea spoon



RECIPE:

- 1- Chop Potatoes and capsicum into finger chips size and deep fry them separately.
- 2- Chop all the other vegetables into garnish size and boil them for 30 minutes.
- 3- Put all the vegetables into a bowl and mix.
- 4- Grill the onions on the stove till the outer layer of onions is smoked.
- 5- Spice the vegetables with a spray of vinegar.
- 6- Add salt and black pepper according to taste.
- 7- Mix the vegetables together with a salad spoon.
- 8- Heat the pot for 10 minutes after adding 2 spoons of olive oil.
- 9- Serve with Roti & Raita

Bombay BIRYANI

Mr. Tanveer Baig (SM Mechanical) is famous all over the Plant for his Biryani. He cooked his specialty for HR Team during their visit at his home.

CHIT CHAT WITH TANVEER BAIG

What attracts you to go in the Kitchen & how often?

When I want to refresh myself I go to kitchen for cooking.

How would you describe your style of cooking?

Mature Cook

What is the dish you call your Signature dish?

Nehari

What is your favorite meal?

Different kind of dinner everyday

Do you help your wife while working in the Kitchen?

If yes, what kind of?

I don't help her in kitchen often but occasionally I help her in carrying out Chores

Did you ever cook something special for your wife?

Yes once I made Biryani for her

Are you asked to cook in personal gatherings?

Does it annoy you or you enjoy it?

I will definitely enjoy



TANVEER BAIG
RECIPE BY (SM MECHANICAL)

INGREDIENTS:

Chicken	750 gm (cut into sixteen pieces)
Rice	1/2 kg
Salt	1 tsp + 1 tbsp
Golden Brown	1 cup + 1/2 cup
Fried Onions	
Oil	3/4 cup
Ginger Garlic Paste	3 tsp
Yogurt	1 cup
All Spice Powder	1 tsp
Chili Powder	2 tsp
White Cumin Powder	2 tsp
Green Chillies	8 (ground)
Coriander Leaves	1/2 Bunch
Potatoes	3
Green Chillies Whole	6
Yellow Food Color	A Pinch



RECIPE:

1. Marinate the chicken pieces in yogurt, ginger-garlic paste, green chilies, salt, chili powder, cumin powder & all spice powder for 1 hour.
2. Boil rice with 1 tbsp salt and whole spices till half done.
3. Peel and cut potatoes in halves.
4. Boil the potatoes.
5. Mix in a pinch of yellow food color in two tbsp of water.
6. Heat oil in a pan, add marinated chicken with 1 cup fried onion and cook till tender.
7. In a pan layer half of the rice, cover with chicken mixture, then potatoes, 1/2 cup fried onion, chopped coriander and green chilies.
8. Now layer the remaining rice on top.
9. Then add yellow color mixture, cover it tightly and steam on very low heat for 15 minutes.
10. Delicious Bombay Biryani is ready.
11. Serve with fresh raita

5S-A PLACE FOR EVERYTHING AND EVERYTHING IN ITS PLACE

Japan has taught the world a lot of quality management methodologies including the 5S system, which stands for the Japanese words Seiri (tidiness), Seiton (orderliness), Seiso (cleanliness), Seiketsu (standardization), and Shitsuke (discipline). The English translations of these words have been edited to maintain the 5 S's as follows:



SORT

Keep only necessary items in the workplace.



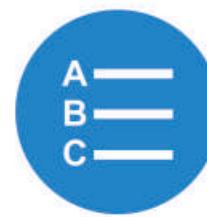
SET IN ORDER

Arrange items to promote efficient workflow.



SHINE

Clean the work area so it is neat and tidy.



STANDARDIZE

Set standards for a consistently organized workplace.



SYSTEMATIZE

Maintain and review standards.

Why we are talking about 5S system is because here at Maple Leaf Cement Plant, we are all set to embrace it. This is exciting because it aims at creating workplace that is more organized and productive. For those who do not know about this Japanese art, here is a sneak peek into the system.

5S System – A Starting Point to a Happy and Efficient Workplace

5S methodology is a simple and universal approach that works in companies all over the world. It is a systematic and methodical approach allowing teams to organize their workplace in the safest and most efficient manner. It is not just about housekeeping, but concentrating on maintaining the standards & discipline to manage the organization - all achieved by upholding & showing respect for the workplace every day.

MLCFL management is committed to implement 5S housekeeping at Plant in coordination with PIQC Lahore. The objective of implementing 5S is aimed at ensuring neat and clean work place, thereby, increasing the motivation of employees.

It is a good starting point for all improvement efforts aiming to drive out waste from the manufacturing process, and ultimately improve the company's bottom line by improving products & services and lowering costs. Each of the 5S guidelines helps managers and workers achieve greater organization, standardization, and efficiency—all while reducing costs and boosting productivity. Some core principles of the 5S concept involve creating and maintaining: visual order (labeling, color coding), organization, cleanliness, and standardization. With these goals in place, the hope is that workplace can become more efficient, organized, and equipped to carry out daily tasks in a safe manner.

Steps to Implement 5S

SORT

Remove unnecessary items from the work area. Attach removal tags to infrequently used items. Leave only the bare essentials: When in doubt, throw it out.

Why is it Important? Space, time, money, energy, and other resources can be managed and used most effectively. Reduces problems and annoyances in the work flow. Improves communication between workers. Increases product quality & productivity.

SET

Customize the work area to improve efficiency. Keep important materials nearby, implement visual organization to streamline workflow and improve efficiency. Label items so that anyone can find them or put them away.

Why is it Important? Eliminates many kinds of waste, including: searching waste, waste due to difficulty in using items, waste due to difficulty in returning items

SHINE

Keep everything, every day, swept and clean - Clean the work area, equipment and tools. Find and eliminate sources of contamination.

Why is it Important? Turn the workplace into a clean, bright place where everyone will enjoy working. Keep things in a condition so it is ready to be used when needed.

STANDARDISE

Create a standardized and consistent 5S workflow. Integrates Sort, Set in Order, and Shine into a unified whole. Assign tasks and create schedules so that everyone knows their responsibilities.

Why is it Important? By ensuring conditions do not deteriorate to former state, facilitates implementation of the first three pillars

SUSTAIN

Ensure that 5S is a long term company-wide goal. Analyze results, hold team meetings and train employees on the importance of 5S. Making a habit of properly maintaining correct procedures. Instill discipline necessary to avoid backsliding.

Why is it Important? Consequences of not keeping to the course of action greater than consequences of keeping to it.

Nothing beats the clean, organized and spacious workplace. It almost takes off half the stress at work. While going for 5S implementation isn't very easy but it for sure is worth it. Here are the three steps that are generally taken for its implementation.

1. Establishing a cross functional team (including employees that work in the associated areas), touring all areas associated with manufacturing process under review, and brainstorming on ways to improve organization to reduce waste. Here at Maple, we have developed teams for execution as well as monitoring of 5S implementation process.
2. Value stream mapping (VSM) is then used to analyze the material, process, and information flow. The information is used to develop a current state map, which sets out how things have been done in the past. The team then analyzes the current state map to identify opportunities for workplace organization and housekeeping improvements. A wide range of ideas is considered – while all ideas won't end up being viable, all are worthy of investigation. The key is to observe non value added processes and create an environment to promote value added work through waste elimination.
3. Finally, the team envisions a future state based on the exercise and begins implementing the future state. The process is iterative; the future state becomes the current state, and a continuous improvement process should be used to identify new ways to reduce waste. Waste is defined very broadly, and includes things like waste in the movement of material, carrying too much inventory, defects or rework, producing scrap, waiting or unnecessary motion.

5S places a lot of importance on storage cabinets, all of which are specially designed and purpose built. This is an additional cost along with the cost of training but they are way less than the costs associated with wastages. At MLCFL, we are all ready to embrace the change, and are looking forward to a Plant that is Clean, Organized, Color coded and above all Shining.

EMPLOYEE CARING INITIATIVES AT MAPLE LEAF



- Employee caring initiatives are at the heart of Maple Leaf. Maple Leaf has launched state-of-the-art luxurious buses of latest models for MLCFL employees school children pick and drop service. These luxurious buses are equipped with First Aid Kits and Fire Extinguishers and staff is fully trained to use these equipment.
- These buses are also equipped with emergency exits and seat belts. Security tracking system is also installed in the buses for ensuring safety & security of children.
- MLCFL has developed school bus stop overs at nearest designated places, so that pick and drop of school children can be facilitated.
- Speed limit is strictly observed through security tracking system.



CSR AWARD 2016

Maple Leaf Cement has been awarded CSR award 2016 for its outstanding CSR activities. The award was delivered at 8th International CSR summit organized by the National Forum for Environment and Health held in Islamabad.



BEST CORPORATE & SUSTAINABILITY REPORT AWARD 2014

Maple Leaf Cement has been awarded Best Corporate and Sustainability Report award. The award was received by Mr. Zeeshan Bhutta (DGM Finance) at 13th Best Corporate and Sustainability Report (BCSR) Awards ceremony jointly organized by Institute of Chartered Accountants of Pakistan (ICAP) and Institute of Cost and Management Accountants of Pakistan (ICMAP) to give recognition to excellence in corporate and Sustainability reporting.



KABSA DISH**INGREDIENTS**

- 1/4 cup butter
- 3 lbs chicken, cut into 8-10 pieces
- 1 large onion, finely chopped
- 6 garlic cloves, minced
- 1/4 cup tomato puree
- 14 ounces canned chopped tomatoes, un-drained (or fresh)
- 3 medium carrots, grated
- 2 whole cloves
- 1 pinch grated nutmeg
- 1 pinch ground cumin
- 1 pinch ground coriander
- Salt & freshly ground black pepper
- 4 cups hot water
- 1 chicken stock cube
- 2 1/4 cups basmati rice (don't rinse or soak this)
- 1/4 cup raisins
- 1/4 cup slivered almonds, toasted



Traditional
arabian
rice & chicken

KABSA SPICE MIX

- 1/2 teaspoon saffron
- 1/4 teaspoon ground green cardamoms
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground allspice
- 1/4 teaspoon white pepper
- 1/2 teaspoon ground dried limes



INSTRUCTIONS

- 1 Melt butter in a large stock pot, casserole or dutch oven. Add chicken pieces, onion & garlic & sauté until onion is tender. Stir in tomato puree & simmer over a low heat for a couple of minutes.
- 2 Add tomatoes, carrots, cloves, all the spices & salt and pepper. Cook for a couple of minutes. Add the water & stock cube.
- 3 Bring to a boil, then reduce heat and cover. Simmer over low heat for 30 minutes. Add rice to the pot & stir carefully. (if you're wanting to brown the chicken in the oven - remove it from the pot now & place in the preheated oven).
- 4 Re-cover & simmer for 35-40 minutes adding the raisins for the last 10 minutes or until rice is tender.
- 5 Place the rice on a large serving dish, topped with the chicken & garnished with almonds. Serve with a fresh mixed salad - preferably with a little lime vinaigrette.

Saudis like their Kabsa with a hot sauce called 'Shattah'.

Hot Chocolate Puddings



Chocolate is rich, warm and hearty with plenty of flavour. These warm chocolate puddings are suitable for every age group

INGREDIENTS

4 ounces semisweet or bittersweet chocolate, chopped
4 tablespoons ($\frac{1}{2}$ stick) unsalted butter
4 tablespoons sugar
2 large eggs, yolks and whites separated
 $\frac{1}{2}$ teaspoon pure vanilla extract
1/4 teaspoon salt
Ice cream (any flavour), for serving (optional)

INSTRUCTIONS

1. Preheat oven to 375 degrees. Place for 6-8 ounce oven proof bowls on a baking sheet. Set aside.
2. Place chocolate and butter in a medium heat proof bowl set over (not in) a saucepan of gently simmering water. Stir occasionally just until melted, 4-5 minutes. Remove from heat; mix in 2 tablespoons sugar, then egg yolks and vanilla. Set aside.
3. In a medium bowl, with an electric mixer, beat egg whites and salt until soft peaks form. Still beating, gradually add remaining 2 tablespoons sugar; beat until mixture is stiff and glossy.
4. Using a rubber spatula, mix about 1/3 egg white mixture into chocolate mixture; gently fold in remaining egg white mixture just until combined. Divide among bowls. (Puddings can be prepared in advance up to this point; cover with plastic wrap, and refrigerate up to 1 day.)
5. Bake until tops are puffed and cracked but insides are still quite soft (a toothpick inserted in center will come out gooey), 20-25 minutes, or 25-30 minutes if puddings were previously refrigerated. Serve, warm or at room temperature (puddings may sink as they cool), topped with ice cream, if desired.

Winter Chai



Funky, tasty and rejuvenating, this winter favourite is bound to make you feel pampered and special because of its intense and comforting taste.

● INGREDIENTS

- 8 cardamom seeds
- 8 cloves
- 4 black peppercorns
- 2 cinnamon sticks
- 1 1-inch piece fresh ginger, sliced
- 2 cups whole milk
- 4 bags black tea (such as Darjeeling)
- 4 teaspoons sugar or to taste

● INSTRUCTIONS

1. Place the cardamom, cloves, and peppercorns in a resalable plastic bag and crush with a heavy skillet.
2. Place the crushed spices in a medium saucepan, along with the cinnamon sticks, ginger, milk, and 2 cups water; bring to a boil. Remove from heat, add the tea bags, cover, and let steep for 10 minutes.
3. Strain into cups. To each cup, add sugar to taste.

5

FOOD THAT NATURALLY WHITEN YOUR TEETH

White teeth are generally the preserve of the very rich. There are food that naturally brighten your teeth. The foods below can help you gain, or maintain, a perfect smile. Some are a little surprising...

1

STRAWBERRIES

And you thought all those gleaming white smiles on the screen were the result of expensive dental work. Strawberries are fantastic natural teeth whiteners because they contain Malic Acid, which removes surface stains from teeth and whitens the enamel.



2 APPLES

An apple a day keeps the dentist away. Crispy apples strengthen the gums and their high water content increases the production of saliva, dispersing any bacteria in the mouth. And - like several foods on this list - apples function as a naturally abrasive scrub for the teeth.



3 CELERY

Because it's so stringy it makes a perfect natural dental floss. That's a joke - please don't floss your teeth with celery. But, like apples, the high water content of celery brings out that bacteria-washing saliva in force.



4 CARROTS

Alas, carrots won't help you see in the dark. (That's an old World War Two myth.) However eating carrots regularly could help whiten your teeth. You know the drill by now. High water content, brings out saliva, bye bye bacteria.



5 BROCCOLI

Famously hated by George Bush Senior but broccoli should be loved by all owners of white teeth. As you chew broccoli, the florets (i.e. heads) scrub the surface of teeth, providing a natural mini-brush.



ROAD TO LEADERSHIP



If becoming a great leader in your own business or organization is your goal, these rules are a good place to start:

- **Listen to your team.** Always listen to what your team has to say, even if you don't like it.
- **Communicate as efficiently as possible.** Make your expectations and feelings clear, in the appropriate medium as often as possible.
- **Be an example.** Be the type of person you want your team members to be.
- **Be passionate.** If you aren't passionate about your business, you're in the wrong business.
- **Accept the unforeseen.** You can't control or predict everything.
- **Have fun.** Take the time to have fun with your team.
- **Research everything.** Before making a decision, know the pros and cons - do your homework.

- **Think everything through.** Never exclusively trust your instincts or first reactions.
- **Prioritize your team.** Your team is everything. Give them whatever they need to succeed.
- **Be humble.** Don't get big-headed about your wealth, influence or position as a leader.
- **Forgive mistakes.** Everyone makes them.
- **Be reasonable.** Listen to dissenting opinions, and be fair.
- **Make time for what's important.** There's no such thing as "not having time" for what's really important in your life. Make the time.
- **Constantly learn.** Read as much as you can, and take classes whenever you have the opportunity.



- **Improve everything.** Work on improving your approaches, your skills and your processes constantly.
- **Never give up.** Don't throw in the towel when a little extra persistence could put you over the edge.
- **Cut your losses when necessary.** If you're fighting a losing battle, retreat and start again somewhere else (or in a new way).
- **Give feedback.** Let your team know what they're doing well and what needs further improvement.
- **Treat everyone equally.** Don't play favorites; it breeds resentment and makes you appear immature as a leader.
- **Get the team together.** Use team-building exercises or other excuses to get your team members talking with one other and having fun together.
- **Don't sacrifice your personal life.** Your personal life is necessary to retain your own mental health. Never sacrifice it for the sake of leadership or professional responsibilities.
- **Enjoy leadership.** Try not to stress too much about being a leader. Instead, enjoy all the benefits it offers.

Follow these rules, trust your instincts and continually strive for self-improvement. Eventually, through your experiences and your efforts, you'll become the type of leader most people only aspire to be.

Contributed by:

AMIR FEROZE

GM WORKS



RAPID FIRE ROUND WITH MR. AMER BILAL

Which is your favorite movie & Why?

The Ghost & the Darkness – because of suspense & thrill (a story of an engineer).

What is your favorite brand to wear?

Bonanza.

Your favorite place to spend holidays?

Shogran (Pakistan).

Your favorite personality & Why?

Hazrat Muhammad (Peace Be Upon Him), who inspired the whole world, by his (leadership) attributes.

Your favorite TV Show.

Khabarnak.

If you were not an engineer, what would you like to be?

I would be a businessman.

Three things in your life you hate the most?

- Being Idle.
- Backbiting.
- Deceiving & being deceived.

Three things in your life you like the most?

- My Profession.
- Long drive with my Family.
- Watching National Geographic Channel.

Your favorite cuisine?

Fried Fish.

Favorite sport to play?

Badminton.

What color describes you best?

Blue.

What should be the one thing that you would want to change in yourself?

Irregularity of offering Prayer.

If you are given a chance to lead the country, what would be the first thing you want to do?

Improve the education system.

Most valuable thing you've learned in your life?

Always work hard in the right direction and have faith in ALLAH Almighty.

What do you do to have fun?

BBQ with my family & friends.

Who would you most like to be stuck in an elevator with?

I don't want to be stuck in an elevator.



RAPID FIRE ROUND WITH MS. SIDRA AHMAD (MANAGER MARKETING)

Which is your favorite book & Why?

The Road Less Travelled by Scott Peck. Its an amazing insight into human psychology by a psychiatrist. To me, it even touches Sufism in a way that not even the writers of east could logically elaborate. One must read for self-understanding.

What is your favorite brand to wear?

Bottega Veneta & Saniya Maskatiya (for eastern wear).

Your favorite place to spend holidays?

Prague.

Your favorite personality & Why?

I'm blessed to have quite a few role models in my life but Mr. Adnan Bashir, Founder/CEO of Vantage, tops the list. A great mentor & an accomplished entrepreneur with a clear vision and smart goals, Mr. Adnan can work around circumstances in a way that everything looks like 'no-brainer' and brilliant all at the same time. His capacity to switch between right and left-brain in nano seconds makes him a real inspiration for his students & colleagues. However what inspires me most is not his wits but his zero compromise on honesty and integrity. I'm lucky to have had a chance of working with him, which helped me define & set standards for my professional life.

Your favorite TV Show?

House of Cards.

If you were not marketing person, what would you been?

A Painter or a Writer.

Three things in your life you hate the most?

Businesses going out of business, bad Intentions, and negative image of Pakistan in International media.

Three things in your life you like the most?

Internet, being in a developing country but having amenities of a developed one & more (grateful), and my



personal low-cost psychiatrists in shape of my friends & family.

Your favorite cuisine?

I prefer raw, organic & grilled food, be it Sukiaki or homemade fruit salad.

Favorite sport to play?

I don't play sports any more after University. Gymming is my only sport if it is to be called one.

What color describes you best?

Plum.

What should be the one thing that you would want to change in yourself?

Multitasking while I'm driving...because if I'm dead there will be no more of me to change.

If you are given a chance to lead the country, what would be the first thing you want to do?

I would devise an action plan to change the mind set of Pakistanis who think that its 'others', 'you', 'they' and not 'I' who are responsible for the situation Pakistanis in.

Most valuable thing you've learned in your life?

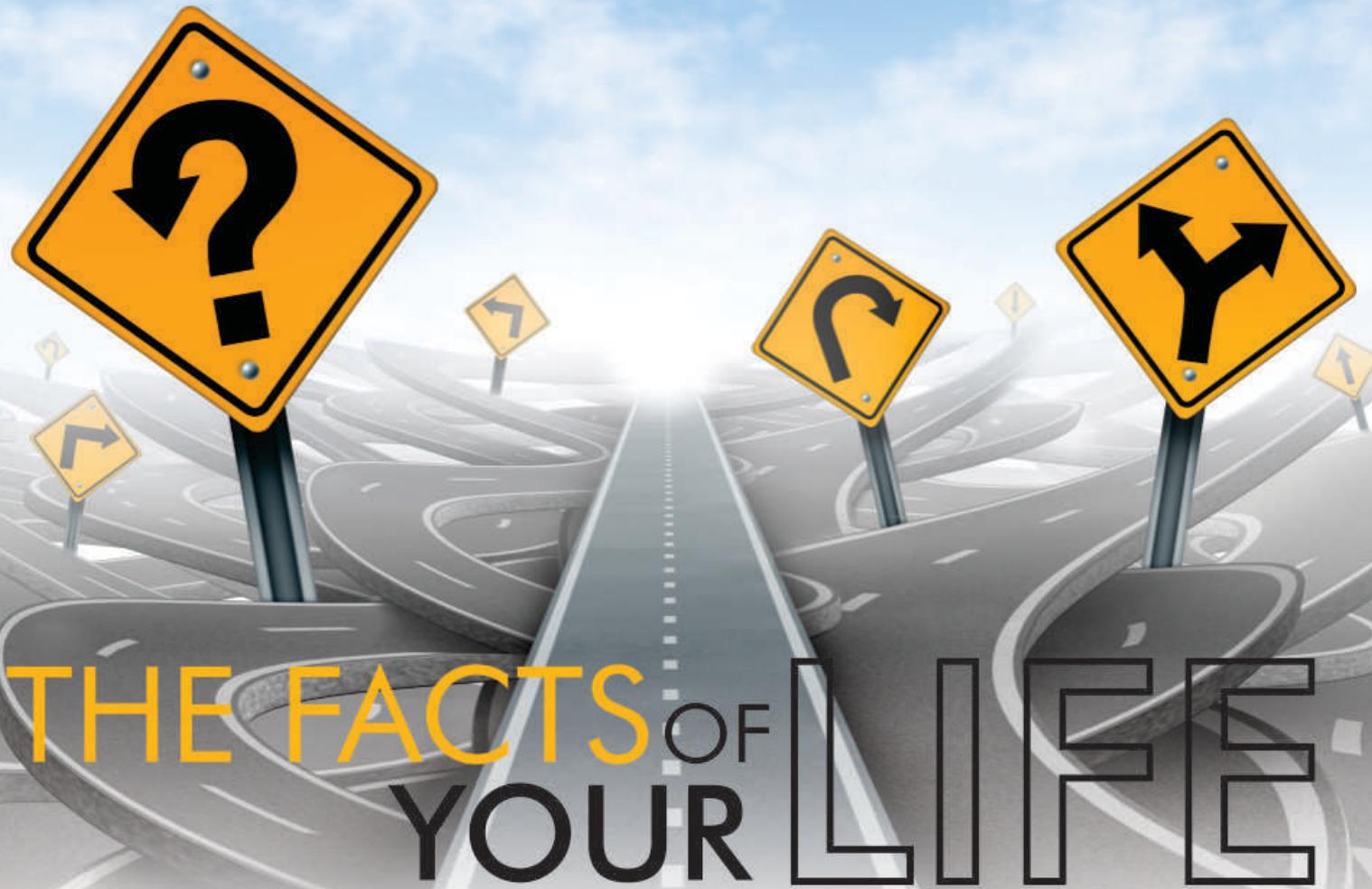
Self-understanding is the best knowledge...it helps trigger all other learnings in life. Also, that nothing happens without a reason – some reasons are crystal clear, others, you will find out!

What do you do to have fun?

I paint or buy myself 5-7 books at a time.

Who would you most like to be stuck in an elevator with?

Bruce Banner (The Hulk)



- You have a body. You may like it or not, but it's yours for life – this time around!
- You will learn lessons. You have the opportunity to learn lessons. You may like the lessons or not either way they are lessons and if you don't like them change the way you think about them.
- There is no failure, only feedback. Mental growth is a process of trial and error experimentation. Any "failures" are as part of the process as the successful solution.
- Lessons need to be repeated until they are learned. Importantly, you must understand that a lesson will be presented to you in various forms until you have learned it. You then go on to the next lesson.
- Learning does not end as long as you are alive.
- There is nothing better than where you are until you have learned the reasons for being where you are. Anything that looks better is an illusion and a distraction.
- Everyone has the resources within themselves to deliver the life they want, what you choose to do with them is up to you.
- You can't love or hate something about another person unless it reflects to you something you love or hate about yourself.
- Life begins at the end of your comfort zone.
- You have a brain that took thousands of years to be created. Unfortunately, it doesn't come with an instruction manual.

Contributed by:
Mr Sohail Sadiq
GM Finance

5 FACTS ABOUT RICHARD BRANSON

Known as one of the most successful entrepreneurs today, Richard Branson has been in business before 1970. As founder of Virgin Group, he has built an impressive net worth of over \$4.9 billion dollars.

Enjoy these 5 surprising facts about Richard Branson.

● HAS DYSLEXIA

While his learning disability certainly made school less enjoyable and much harder, it also encouraged him to work on his people skills which have proven incredibly valuable in his business endeavors. His success has made him a huge inspiration for those struggling with dyslexia.

● WENT INTO BUSINESS AT AGE 16

Branson's first successful business venture was at only 16 years old, in the form of a magazine named Student – which is ironic because he dropped out of high school the same year.

● A RECORD-BREAKER

He not only broke the record for speed in crossing the Atlantic in 1986, but he was the first to cross the Atlantic (1987) and then the Pacific (1991) in a hot-air balloon.

● BOUGHT AN ISLAND

In 1978, Richard Branson bought an Island for \$180,000, well under the asking price of \$5 million. It's worth upwards of \$200 million today.

● AUCTIONED 30 MINUTES OF HIS TIME

Using Ebay, Branson set up the auction to raise funds for Stand Up to Cancer, benefitting cancer research.





WHATSAPP; CONNECTING PEOPLE

- In modern world, Whatsapp established itself as the "King" of the communications channels.
- A Whatsapp group is a great way of keeping communication with your team & provide your team with real-time updates.
- Largest messaging platform all around the world with more than 450 million user base.
- At Maple Leaf, whatsapp (social media) is being used for informal communication and fun within the group members. Whatsapp creates an opportunity to bring people more close in terms of their personal relationships.



● *Imran Masood*



Maple Leaf Cement is full of pristine & promising talent at every level. A recent example of such talent is Mr. Imran Masood (DM Production) who is a chemical engineer. Imran Masood has lightened up various events and gatherings with his calligraphy, sketching, mimicry, writing and hosting. The achievements of Imran Masood involve:

- Participated and got 1st Position in Rooh-e-Ramzan PTV Home live Ramzan transmission and did live calligraphy of Allah Almighty names.
- Worked as Lead Director and directed mega lok stage play "Heer" on the platform of Thespian dramatic society.
- Wrote and directed E-News sequel stage show during 4 years of engineering studies and got all-time Best Performance Award where he mimicked many celebrities during the show.
- Performed mimicry of different personalities and hosted various events at university level and at different events at Bestway Cement Chakwal.

CARDIGAN GUIDE: DO'S & DON'TS

Most menswear staples have military origins, and the cardigan is no exception. Yes, even the cardigan, which is named after Major General James Thomas Brudenell, the 7th Earl of Cardigan. When Great Britain and Russia quarreled over the remnants of the Ottoman Empire in the mid-19th century, troops wore a woolen garment similar to today's cardigan sweater to stay warm. Cardigans are not only eternally stylish and versatile, they also have a place in history. Here are a few pointers and three different styling tips to keep the cardigan train running full speed ahead.

GENERAL GUIDELINES

1. Get your buttons right. The bottom button should **ALWAYS** be unbuttoned. What you do with the top button and everything in between is a matter of personal preference.
2. Fold, don't hang. This goes for cardigans and sweaters - don't hang them! You'll get hanger dimples and, unlike face dimples, they're not cute. Fold 'em and put them in a drawer instead.
3. Fit, fit, fit. It's all about fit. You'll be wearing something underneath, so your cardigan should be snug, but not tight. The waist hem should cover your belt and, like button-downs and tees, the shoulder seam should end where your shoulder naturally ends.
4. Cuff or no cuff? When wearing a shirt under a cardigan, you don't have to show cuff like you do with a sweater. If you're wearing it under a blazer, go ahead and show off the cuff of both your shirt and cardigan.
5. Your color choice depends on what you already own. A cardigan in a solid color (dark gray, navy, military green, etc.) is always a great bet. But if you already own a number of sweaters in basic hues, try a bolder cardigan.



MOVIES TO START 2016 WITH

1 BATMAN V SUPERMAN DAWN OF JUSTICE

A proper knockout for super hero fans. Movie is promised to do justice to Batman and Superman.



2 FAN

With the punch line of "There's no star without a fan, there's no fan without a star. Here comes the SABSE BADA # FAN himself-GAURAV!"

A long awaited treat for SRK fans.



3 KUNGFU PANDA 3

Angelina Jolie, Kate Hudson, Jack Black, Seth Rogen, Jackie Chan, Bryan Cranston and the list goes on and on.

Continuing his "legendary adventures of awesomeness", Po must face two hugely epic, but different threats: one supernatural and the other a little closer to his home.



4 SUICIDE SQUAD

In DC Comics, Suicide Squad is a team of convicted, highly-lethal criminals who are enlisted by Amanda Waller, a government operative, to go on dangerous black ops missions in exchange for reducing their individual sentences.



5 X MEN APOCALYPSE

Apocalypse, the first and most powerful mutant from Marvel's X-Men universe, amassed the powers of many other mutants, becoming immortal and invincible.



PHONES TO LOOK FORWARD TO IN 2016

1 APPLE iPhone 7

We've already seen rumours that the new iPhone will feature big design changes, with an all-new D-jack headphone jack, water proofing protection and an eSIM.



2 SAMSUNG GALAXY S7

Samsung doesn't rest on its laurels too long and in March 2016, we will see the new Samsung Galaxy S7 revealed - potentially alongside a new Samsung Galaxy S7 Edge.



3 LG V10

Dual-screen Quad-HD smart phone with two front-facing selfie cameras, a manual mode for video and support for micro SD up to 2TB, that is just the start!



4 SONY XPERIA Z6

With Z6, we're expecting water proofing and a finger print scanner at the least and we hope Sony will shake things up a bit with something very different to past phones.



5 HTC ONE M10

HTC is claiming that HTC ONE M10 is going to be the best of HTC ONE M series ever launched. As usual, we have very high hopes from HTC.



FUN CORNER



YOU MEAN
TO TELL ME

YOUR REAL NAME
ISN'T MOM

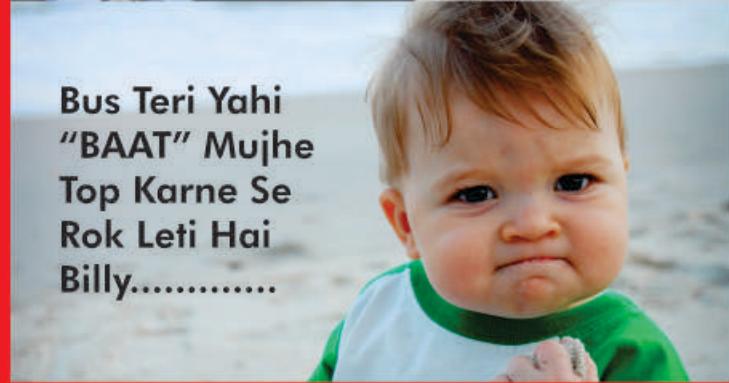


10 FUN FACTS

1. You can't wash your eyes with soap.
2. You can't count your hair.
3. You can't breathe through your nose, with your tongue out.
4. You just tried no. 3
5. When you did no. 3 you realized it's possible, only you look like a dog.
6. You're smiling right now, because you were fooled.
7. You skipped no. 5
8. You just checked to see if there is a no. 5
9. Share this with your friends to have some fun tool:-)



I am not a university topper But Today All University toppers are my employees.....

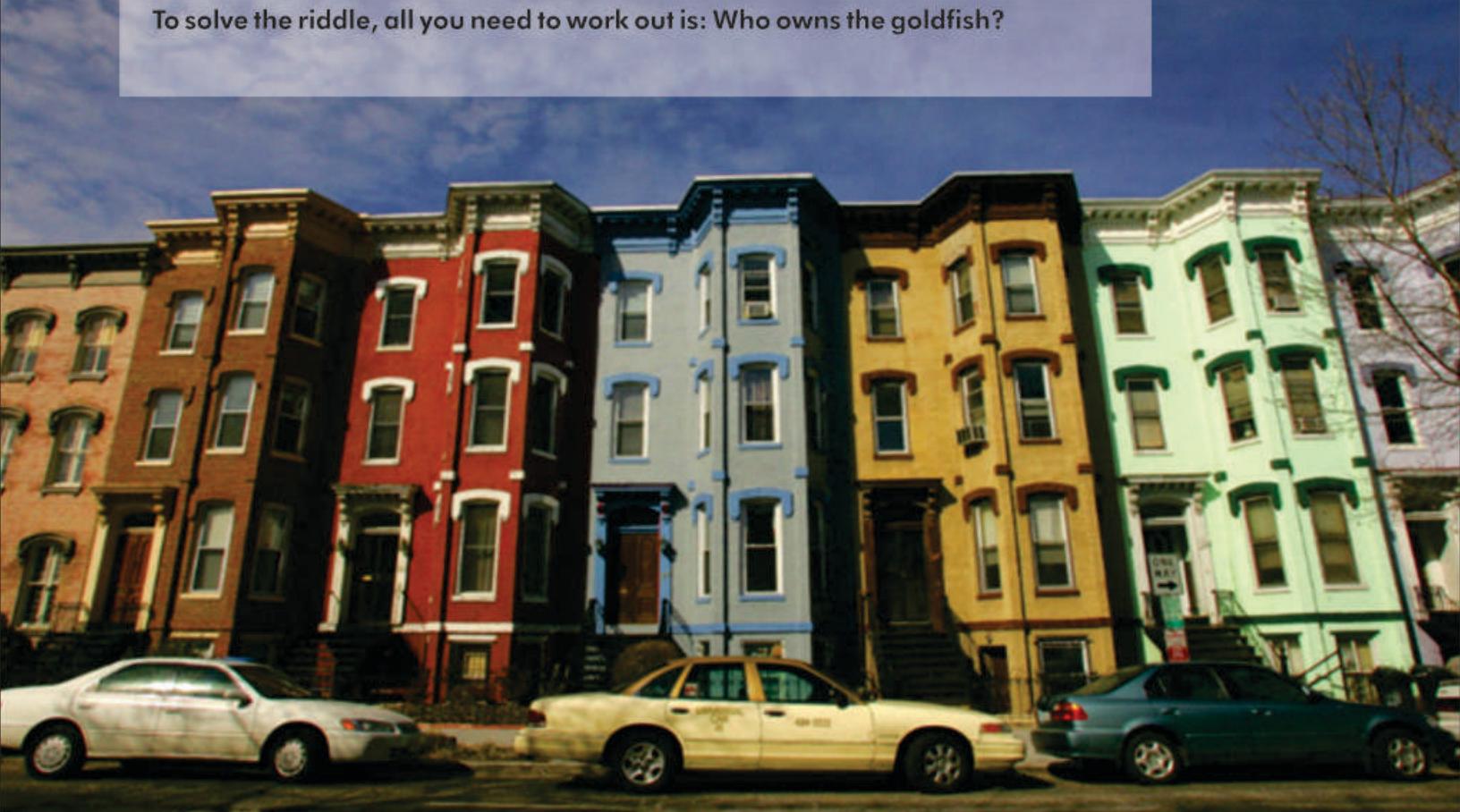


BRAIN TEASERS

There is a street with five houses all in a row. Each house has a person with a different name and each house is painted a different colour. Each homeowner drinks a different type of beverage, owns a different type of pet and reads a different type of newspaper. Here are the clues to help you solve the puzzle:

1. Jez lives in the red house.
2. Liz keeps corgis as pets.
3. Vlad drinks coke.
4. The green house is on the immediate left of the white house.
5. The green house's owner drinks coffee.
6. The owner who reads the *Morning Star* keeps a golden eagle.
7. The owner of the purple house reads the *Daily Express*.
8. The owner living in the centre house drinks milk.
9. Nigel lives in the first house.
10. The owner who reads the *Guardian* lives next to the one who keeps a tiger.
11. The owner who keeps the stallion lives next to the one who reads the *Daily Express*.
12. The owner who reads the *Times* drinks lemon juice.
13. Donald reads the *Daily Mail*.
14. Nigel lives next to the blue house.
15. The owner who reads the *Guardian* lives next to the one who drinks green tea.

To solve the riddle, all you need to work out is: Who owns the goldfish?



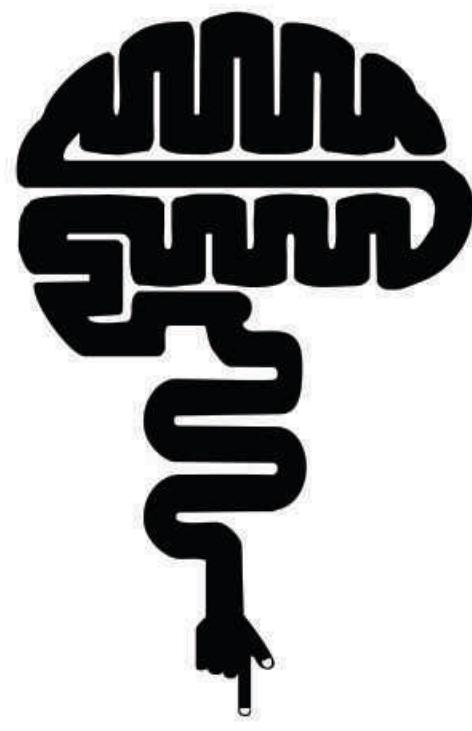
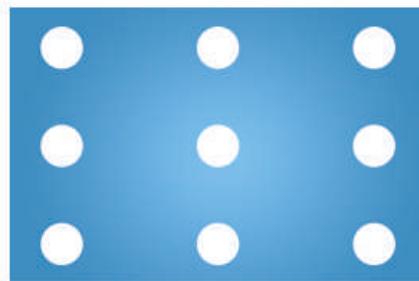
Matthew leaves home in the morning to go to school. At the moment he leaves the house he looks at the clock in the mirror. The clock has no number indication and for this reason the boy makes a mistake in interpreting the time (mirror-image). Just assuming the clock must be out of order, Matthew cycles to school, where he arrives after twenty minutes. At that moment the clock at school shows a time that is two and a half hours later than the time that Matthew saw on the clock at home.

At what time did he reach school?



If Costa Rica goes with Thailand, Cuba goes with Puerto Rico, and the Netherlands go with Yugoslavia, what country would the Ivory Coast go with?

Can you connect all nine dots with only four straight line segments without losing contact with the paper while drawing?



Tim owns a pocket knife with five different tools. It has a corkscrew, a bottle opener, tweezers, a screwdriver and something else. What?

MAPLE KIDS CORNER

Chef: Mahad Nauman
S/O Nauman Javeid

Nurse: Myesha Mehran
D/O Mehran Ali

Police Officer: Muhammad Saad
S/O Sharjeel Shafqat

Firefighter: Mohammed Wasi Ajmal
S/O Mohammad Ajmal

Construction Worker: Roshail Butt
S/O H Muhammad Umar Butt

MLCF PHOTO GALLERY



EMERGENCY RESPONSE TRAINING (HEAD OFFICE)

Emergency Response Training was held at Head Office from 4th till 6th January, 2016 to prepare the participants to cope up with natural calamities and terrorism threat. Tooba Noor (Deputy Director Civil Defense Lahore) was among the esteemed guests.



EMERGENCY RESPONSE TRAINING (PLANT)

Emergency Response Training industrial hazards was held at Plant site from 7th till 10th December, 2015 to prepare the participants to cope with natural calamities and terrorism threat. Sarfraz Khan Virk (District Police Officer) was among the esteemed guests.



FINANCE FOR NON-FINANCE EXECUTIVES

Training on Finance for Non-Finance Executives was held at Plant site on 10th Oct, 2015 and at Head Office on 19th December, 2015. Mr. Sohail Sadiq (GM Finance) delivered the training with the aim to familiarize the participants with the basics of financial terminologies concepts and Maple financial view (EBITDA).



INTEGRATING STRATEGIC, OPERATIONAL & TACTICAL LEADERSHIP (KNOWLEDGE SHARING SESSION)

Mr. Amir Feroze (GM Works), Mr. Sohail Sadiq (GM Finance), Mr. Yahya Hamid (GM Marketing) and Mr. M. Sajjad (DGM HR) cascaded down the knowledge they gained during their training in Dubai. The aim of the knowledge sharing sessions was to develop the future leaders with the strategic, operational and tactical leadership knowledge.



5 S IMPLEMENTATION PROGRAM

5 S Implementation Program was initiated on 3rd & 4th December, 2015 at Plant site. Dr. Kamran Moosa (PIQC) imparted the training to all department heads and nominated participants.



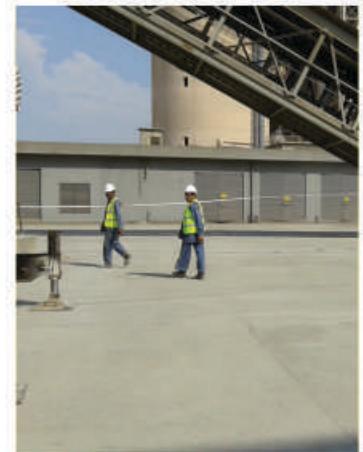
ORACLE FINANCIAL KICK-OFF SESSION

A kick-off session was held on 21st September, 2015 to commemorate the launch of a new ERP. Mr. Mobin Ahmad (DGM IT) and Mr. Abdul Hanan (DGM Finance) raised awareness regarding the newly installed ERP.



CRANE OPERATOR & RIGGER TRAINING

Crane Operator & Rigger Training was conducted by Mr. Nasir (TUV Austria) at Plant site for all Crane Operators & Rigger from 27th till 29th July, 2015. The course was aimed at improving the awareness and safe usage of crane operations and rigging methods at MLCFL.



SIX SIGMA GREEN BELT REVIEW SESSIONS

Six Sigma Green Belt Review session was held from 28th till 29th July, 2015 to review the individual projects of the participants from Works. The review session was conducted at Plant site by Dr. Kamran Moosa & Mr. Naeem Shahzad of PIQC.



eAM USER FEEDBACK SESSION

As the new asset management system is being installed at MLCFL, user's training sessions are being arranged to familiarize all users with the newly installed system.



DRIVER'S CODE OF ETHICS

Driver's code of ethics training was delivered by Mr. Fahim R. Chaudhry (Manager HR) & Mr. Aamir Hameed Awan (DM Admin & IR) to train all pool vehicle drivers of MLCFL as per driver's code of ethics.



FLSMIDTH QCX TRAINING

FLSmidth expert Mr. Mads Bojden delivered the training to quality control department from 4th till 9th September, 2015. The training was about implementation of techniques used for the inspection and testing of material using FLSmidth equipment.



FIRE FIGHTING & FIRST AID TRAINING

Fire Fighting & First Aid Training was arranged on 20th November, 2015 for Maple school children Bus Staff. Mr. Akhtar & Mr. Arshad (Medic) delivered the training with the aim of training the staff on SOPs of Fire Fighting and First Aid.



CONNECTING HSE WITH RCM

Connecting HSE with RCM training session was held on 29th December, 2015 by Mr. Arif Ijaz (Advisor to CEO) to highlight the significance of aligning HSE with RCM and its overall impact on the EBITDA.



QUALITY CONTROL TRAININGS

Annual Training Sessions were arranged for the employees of quality control department to spread awareness regarding Sampling, Sample Testing and XRF Sampling among others. Mr. Gulzar Ahmad (SM QC) was at hand to deliver the trainings.



RCM CONSULTANT TRAINING

Mr. Chris James (Aladon Network, UK) delivered the training session to the RCM department employees on 22nd October, 2015 during his consultancy session. The primary aim of the training was to get all employees on the same page regarding the maintenance of Plant equipment.



HSE SOPs AWARENESS SESSIONS

HSE SOPs Awareness Sessions were arranged for all the employees at the Plant Site to raise awareness regarding implementation of approved SOPs.



CRP ORACLE FINANCIAL TRAINING

CRP Oracle Financial Training was held at Plant on 21st October, 2015 by Oracle Financial Team.



MAPLE EID MELA

Maple Leaf's annual Eid Mela was held at Plant on 10th Oct, 2015 by Team Culture. All team culture members and their families were invited at this auspicious event. Maple Eid Mela was well received by Maple Families.





INDEPENDENCE DAY CELEBRATIONS

Independence Day was celebrated across the Plant to commemorate the historical day. DGM Admin & IR hoisted the flag at SCD and celebrations were held all over the plant.



MAPLE SPORTS DHAMAKA

Maple Sports Dhamaka at head office was held on 2nd October, 2015 at the Cricket Ground of Khayaban-e-Ameen Society where sports competition of Badminton, Table Tennis, Cricket, tug of war and Carrom were held. The objective of this sports dhamaka is to promote cross functionality among head office employees.



HAJJ TICKET DRAW

Annual Hajj ticket draw was held for workers was held on 1st September, 2015. Management of MLCFL distributed the Hajj tickets among the winners at a dinner party.



ERP GO LIVE

New ERP at HO went live on 2nd January, 2016. Mr. Sohail Sadiq cut the cake at the launch and Mr. Mobin Ahmad spread awareness of technicalities of the system. This is another example of cross - Functionality among departments to achieve the objective with in the defined time-line.



MAPLE HEALTHCARE CONTRACT SIGN OFF

A contract for Maple Health Care Facility was signed off between Shifa International Hospitals and MLCFL on 31st August, 2015. All senior management was present at that memorable occasion where Mr. Farooq Ahmad Hashmi (DGM Admin & IR) signed off the contract.



MOTIVATIONAL PARTY

A Motivational Party was held at PG & D on 5th November, 2015 to deliver cheque to CCR operator Mr. Amanat Ali for his outstanding performance.



TREE PLANTATION AT GOVT. COLLEGE MUSA KHEL

As part of CSR, MLCFL initiated tree plantation by planting 350 trees at Govt College for Girls, Musa Khel. Mr. Izhar Ul Haq (ADE), Mr. Farooq Hashmi (DGM Admin & IR), Mr. Mehran Ali (Manager HR), Mr. Irfan Taher (DM HSE) and Mr. Syed Rashid Mehmood (AM Horticulture) took part in the tree plantation ceremony.



MEHFIL-E-MILAD

Mehfil-e-Milad was held at CHC Mosque on 24th December, 2015 to commemorate Rabi-Ul-Awal during which recitation of Quran, Hamd, Naat, speeches on the life of the Prophet Muhammad (PBUH).



CHRISTMAS AT MAPLE LEAF

Christmas Celebrations were held at MLCFL at Plant and Head office on 23rd December, 2015 in which all the management participated fully. A cake cutting ceremony with all Christian employees was held.



سُنہری باتیں

- ☆ اپنے کام کے صلے کی واجب سے زیادہ امید نہ رکھو۔
- ☆ ہمیشہ سچے لوگوں سے دوستی رکھو کیونکہ وہ اچھے دنوں میں سرمایہ اور بردے دنوں میں محافظ ہوتے ہیں۔
- ☆ عقل کو خواہش پر فضیلت حاصل ہے کیونکہ عقل زمانے کو تمہارے ہاتھوں میں دے دیتی ہے جبکہ خواہشیں تمہیں زمانے کا غلام بنادیتی ہیں۔
- ☆ اگر انسان اپنی انگلیوں کا استعمال اپنی غلطیوں کے گنے میں کرے تو اس کو دوسرے لوگوں پر انگلی اٹھانے کا موقع ہی نہ ملے۔
- ☆ اگر کوئی شخص قرض لے اور دینے کی نیت نہ ہو تو وہ چور ہے۔
- ☆ ترقی نہ کرنے والا انسان اس پھول کی مانند ہے جو شاخ گل پر تو آیا مگر کھل کر اپنی بہار نہ دکھاسکا۔
- ☆ وضو جوانوں کی طرح کرو، نماز بورڈھوں کی طرح پڑھو، اور دعا بچوں کی طرح مانگو۔

☆ کسی نے بولی سینا سے پوچھا کہ آپ کے دن کیسے گزر رہے ہیں، جواب دیا کہ گناہ گار ہونے کے باوجود اللہ تعالیٰ کی نعمتیں مجھ پر برس رہی ہیں سمجھنہ ہیں آتا کہ کس بات پر اللہ تعالیٰ کا شکر ادا کروں، نعمتوں کی کثرت پر یا گناہوں سے درگزر پر۔

☆ سب سے بڑی دولت مندی یہ ہے کہ دوسروں کے ہاتھ میں جو ہے اس کی آس نہ رکھی جائے۔

☆ جب تم دنیا کی مفلسی سے تنگ آ جاؤ، اور رزق کا کوئی راستہ نہ نکلے تو صدقہ دے کر اللہ تعالیٰ سے تجارت کرو۔

☆ حضرت علی کرم اللہ وجہہ کا قول ہے کہ انسان دنیا میں اتنا مصروف ہے کہ اسے پہنچی ٹھیں چلتا کہ اسکے کفن کا کپڑا بننے کیلئے بازار میں آگیا ہے۔

☆ صبر سے رحمت کا انتظار کرو، بیشک جو چیز تمہارے لیے ہے وہ صرف تمہارے لیے ہی ہے، بس دیر سے آنا کسی حکمت کی وجہ سے ہوتا ہے اور اس کی حکمت تمہاری سمجھ سے بالاتر ہے۔

☆ جنت کے منتظر نہ رہو بلکہ ایسے اعمال کرو کہ جنت تمہاری منتظر ہے۔

فضل احمد

ایگزیکیٹو (سٹورز) جی سی ڈی



ہمیشہ دیر کر دیتا ہوں

ہمیشہ دیر کر دیتا ہوں میں ہر کام کرنے میں ضروری بات کہنی ہو، کوئی وعدہ نبھانا ہو اسے آواز دینی ہو، اسے واپس بلانا ہو ہمیشہ دیر کر دیتا ہوں میں

مدد کرنی ہواں کی، یار کی ڈھارس بندھانا ہو بہت دیرینہ رستوں پر کسی سے ملنے جانا ہو ہمیشہ دیر کر دیتا ہوں میں بدلتے موسموں کی سیر میں دل کو لگانا ہو کسی کو یاد رکھنا ہو، کسی کو بھول جانا ہو ہمیشہ دیر کر دیتا ہوں میں کسی کو موت سے پہلے، کسی غم سے بچانا ہو حقیقت اور تھی کچھ اس کو جا کے یہ بتانا ہو ہمیشہ دیر کر دیتا ہوں میں ہر کام کرنے میں



(منیر نیازی)

Best of Sufi Saints Hazrat Bulleh Shah

غزل بُھے شاہ

سر تے ٹوپی تے نیت کھوئی
لینا کی سر ٹوپی دھر کے
تبیح پھری پر دل نہ پھریا
لینا کی تسبیح ہتھ پھڑکے
چلے کیتے پر رب نہ ملیا
لینا کی چلیاں وچ وڑھ کے
بُھے شاہ جاگ بنا دُدھ نہی جمدا
پانویں لال ہووے کڑھ کڑھ کے



بُھے شاہ

ناظم

مضبوطی کی پہچان میپل لیف کا نشان

ہے جس کا چرچا عام میپل لیف کا نشان

جس پر بھروسہ ہے ہر خاص و عام کو سجا�ا ہے جس نے ہر دروبام کو پنجاب ہو سرحد ہو سندھ بلوچستان میپل لیف کا نشان میپل لیف کا نشان کوالٹی سے خود کو ثابت کروایا ہے ملک میں جس نے لوہا منوایا ہے ملک سے باہر بھی بڑھی جس کی مانگ میرے اس ادارے نے کامیابیاں جو پائی ہیں میں نہیں کہتا (میپل فیملی) کا اعلان زاہد کی دعا ہے آباد یہ صدا رہے مزدور کی ترقی کا کرے جو سامان میپل لیف کا نشان میپل لیف کا نشان

ملک خادم حسین زاہد

شفٹ انجینئر (پاور ہاؤس)

میپل لیف سیمنٹ فیکٹری

سفیری کاشاہدکار

دیوار کا اصلی سپر سٹار



غزل

خاک بس خاک ہے اور خاک سے آگے کیا ہے
 کوزہ گر پچھ تو پتا چاک سے آگے کیا ہے
 اس کنارے پ تو دل بیٹھ رہا ہے میرا
 جانے اس منزل تمناک سے آگے کیا ہے
 شاخ سے چن کے مجھے تو کہاں لے جائے گی
 یاد مر مدرس و قاشاک سے آگے کیا ہے
 دل تو کہتا ہے اک اور جہاں ہے آباد
 آنکھ دیکھے بھی تو اخلاق سے آگے کیا ہے
 ایک تیرگی حیرت ہے جو اس آنکھ میں ہے
 کچھ نہیں پرده اخلاق سے آگے کیا ہے
 کچھ تو ہوتا ہے جہاں کچھ بھی نہیں ہو صاحب
 ایک حیرت سی ہے ادراک سے آگے کیا ہے

ڈاکٹر آصف مغل
 سینئر میڈیکل آفیسر

غزل



بہت کر لیا ہے انتظار اب تو چلے آؤ
بہت ہیں ہم بے قرار اب تو چلے آؤ

پھول نہیں کھلتے ہیں اب پہلے کی طرح
آتی نہیں بن تیرے بہار اب تو چل آؤ

وہ منظر حسین وادیوں کے یاد ہیں ہم کو
وہی گل وہی خار اب تو چلے آؤ

مٹ مٹ جاتے ہیں تیرے چہرے کے نقوش
رکھنا ہے انہیں برقرار اب تو چلے آؤ

عامر حمید اعوان

ڈپٹی مینجر (اتچ آر)

زاویہ

میں حرم شریف میں پہلی مرتبہ گیا، بڑی دیر کی بات ہے۔ جب حرم شریف کی شکل و صورت ایسی نہیں تھی جیسی اب ہے۔ ماشہ اللہ جب بھی پیاری تھی لیکن اس کے اندر سخت پھر تھے۔ کھڑے ہونے کیلئے کچار استہ تھا، وہاں پر زم زم کے پاس، کسی نے زم زم سے اپنی پگڑی دھو کے ان پھرول پر ڈالی ہوئی تھی سو کھنے کیلئے، تو میں وہاں بیٹھا تھا، مجھے کچھ اچھا نہ لگا، حرم شریف میں کپڑے سو کھنے کیلئے، لیکن لوگ ڈالتے تھے، کہہ بھی کچھ نہیں سکتا تھا، وہ آدمی جب پگڑی سوکھی ہوئی اٹھانے کیلئے آیا تو میں نے پوچھا بھائی صاحب آپ کہاں کے ہیں؟ کہنے لگا، میں پاکستان سے ہوں، میں نے کہا بڑی خوشی کی بات ہے۔ پگڑی سے اندازہ لگایا تھا کہ آپ وہیں کے ہوں گے۔ ویسے آپ کون سے علاقے سے ہیں؟ کہنے لگا، سائیں میں سندھی ہوں میں نے کہا بڑی برکت والی بات ہے۔ چونکہ آپ مذہب کے بہت قریب ہوتے ہیں، بڑے ماننے والے لوگ ہوتے ہیں، اور ان میں بڑی محبت اور جذبہ ہوتا ہے، تو میں نے کہا، سائیں آپ یہاں کب سے ہیں، کہنے لگا، بابا میں تو اٹھارہ برس سے ہوں، تو میں نے کہا، آپ یہاں کیا کرتے ہیں، لگتا ہے آپ کسی خاص پروجیکٹ کے ساتھ آئے ہیں۔ کہنے لگا، ہم ایسے ہی چل کے آگئے تھے یہاں رہنے کیلئے، صبح سویرے اٹھ کے منڈی میں بوجھ ڈھوتے ہیں۔ اس کے دو چار پانچ روپی مل جاتے ہیں۔ اس سے ہم اپناروٹی کھانا کرتے ہیں۔ پھر ہم آکے حرم میں بیٹھ جاتے ہیں اور اس پر نگاہ لگا کر بیٹھ جاتے ہیں اور اس کو دیکھتے رہتے ہیں، میں نے کہا تو پھر آپ جب یہاں آ جاتے ہیں اور حرم میں بیٹھتے ہیں تو آپ حرم میں کیا کرتے ہیں، یعنی..... کہنے لگا، سائیں ہم یہاں گرپڑتے ہیں اور پھر اٹھ کھڑے ہوتے ہیں۔ پھر گرپڑتے ہیں اور پھر اٹھ کے کھڑے ہو جاتے ہیں، اٹھارہ برس سے، میں نے کہا، ”بہت خوش نصیب انسان ہیں جو گر بھی پڑے اور اٹھ کے کھڑا بھی ہو جائے، پھر گرپڑے، پھر اٹھ کے کھڑا ہو جائے“ تو یہ بڑی برکت کی بات ہے۔ ان ماننے والے لوگوں کی جو تسلیم کر لیتے ہیں اس بات کو، جو ہمیں فریم ورک عطا کیا گیا ہے، وہ صحیح ہے، مناسب ہے اور اسی کے مطابق ہم اپنی زندگی کو بس رکریں گے۔



اسفاق احمد (زاویہ)

شہریار حرم بھٹہ (میغرا ایڈمن اینڈ آئی آر)

نعت

مدینے کا چاند آج بالا ہوا ہے
زمانے میں جس کا اجala ہوا ہے

شکم سے ہوا آمنہ کے وہ پیدا کروں کا تعریف میں اپنی نبی کی
حلیماں کے ہاتھوں کا پالا ہوا ہے بڑی عظمت و شان والا ہوا ہے
محمد ہے شافعی تو کیا غنم ہے ہم کو ہزاروں نبی اگرچہ دنیا میں آئے
جو دختر گناہوں سے کالا ہوا ہے محمد کا ہی بول بالا ہوا ہے
ذرما آکے اس باغ کی سیر دیکھو مدینہ میں جلدی فخر کو بلا لو
ہر اک داغ دل کھل کے لالہ ہوا ہے یہاں کیوں مصائب میں ڈالا ہوا ہے

شفع اللہ
اسٹینٹ مینیجر
اتچ ایس ای





کرتی ہوں ذکر تیرا میں صبح شام الٰہی
مالک ہے دو جہاں تو ہی ہے سب کا والی

تو ہی ہے جاں ہماری تو ہے اماں ہماری
میرا خدا ہے تو ہی یا تب میرے الٰہی

صومیہ زینب دختر عابدہ فیض

فرست اسیر

پنجاب کا لج میانوالی



Head Office: 42 Lawerance Road Lahore.

Plant Site: Maple Leaf Cement Factory Limited Iskanderabad, Mianwali.